



# ELC Meal Calendar

## December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	1 Chex Peaches	2 French Toast Mandarin Orange	3 Egg Patty Toast Grapes	4 Breakfast Pizza Blueberries	5 Trix Blueberries	6
<b>Lunch</b>	BBQ Pork Patty Baked Beans Mandarin Orange	Walking Taco Shredded Lettuce Grapes	Fish Sticks Biscuit Smiley Potatoes Blueberries	Mac and Cheese Baby Carrots Apple Slices	Cheesy Breadstick Broccoli Pears	
<b>Snack</b>	Apple Slices & Cheddar Cheese Cubes	Yogurt & Animal Crackers	Sunbutter Sandwich Milk	Cucumber & Turkey	Oatmeal Bar & Peaches	
7 <b>Breakfast</b>	8 Cinnamon Toast Crunch Strawberries	9 Waffles  Mixed Berries	10 Cheese Omelet  Toast Orange Wedge	11 Breakfast Pizza  Peaches	12 Cherries  Mix Fruit	13
<b>Lunch</b>	Hamburger & Bun Cucumbers Mixed Berries	Nachos Fajita Chicken Cheese Sauce Mexi Beans Orange Wedges	Chicken Nuggets Garlic Bread Cooked Carrots Peaches	Salsibury Steak Rolls Mashed Potatoes Apple Sauce	French Bread Spring Mix Strawberries	
<b>Snack</b>	Ham & Cheez It	Banana & Chex	Cracker Graham & Yogurt	Apple & Sunbutter	Pretzel & Sauce	
14 <b>Breakfast</b>	15 Chex Strawberries	16 Pancakes Peaches	17 Sausage & Egg Bar Mixed Fruit	18 Breakfast Pizza Oranges	19 Trix Mandarin Oranges	20
<b>Lunch</b>	Pulled Pork Sweet Potato Fries Apple Slices	Quesadilla Black Beans Pineapple	Egg Omelet French Toast Hashbrown Kiwi	Orange Chicken Rice Mixed Vegetables Pears	Assorted Pizza Assorted Veggies Assorted Fruits	
<b>Snack</b>	Mixed Fruit & Muffin	Apple Sauce & Cheez It	Peppers & Hummus	Cheese Stick & Cracker	Yogurt & Blueberries	
21 <b>Breakfast</b>	22 Cinnamon Toast Crunch Assorted Fruits	23 Muffins  Assorted Fruits	24 <b>Holiday Break</b>	25 <b>Holiday Break</b>	26 <b>Holiday Break</b>	27
<b>Lunch</b>	Turkey Sandwiches Assorted Veggies Assorted Fruits	Kitchen's Choice Assorted Fruits Assorted Vegetables	No School	No School	WIP	
<b>Snack</b>	Kitchen's Choice	Kitchen's Choice				
28 <b>Breakfast</b>	29 <b>Holiday Break</b>	30 <b>Holiday Break</b>	31 <b>Holiday Break</b>	1 <b>Holiday Break</b>	2 <b>Holiday Break</b>	3
<b>Lunch</b>	WIP	WIP	No School	No School	WIP	
<b>Snack</b>						
Breakfast: Entrée, Fruit, and Milk Lunch: Entrée, Fruit, Vegetable and Milk Snack: 2 of the following Milk, Protein, Vegetable, Fruit, and Grain		Menu is subject to change  All Grains are whole wheat or whole grain. "This institution is an equal opportunity provider" Substitutes will be available for dietary restrictions.				Ryan Geerts Food Service Manager 319-396-7792 ext. 316 ryan.geerts@crxcs.org